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Provider of mental health
services to:

Melbourne Health
The Royal Melbourne Hospital

Western Health
Sunshine Hospital
Western Hospital

Northern Health
The Northern Hospital
Broadmeadows Health Service
Bundoora Extended Care Centre



MELBOURNE HEALTH

North Western Mental Health is
part of Melbourne Health Service

www.mh.org.au

ABN 73 802 706 972



22 October 2012

Coroner Paresa Spanos
Coroner's Court of Victoria
Level 11, 222 Exhibition St
Melbourne VIC 3000

21 October 2012

Dear Coroner Spanos,

Re: Court Reference: 2010 / 1835

I have received the "Finding Into Death Without Inquest" following the death of Mr Shane Anthony Jarrett who was a client of NorthWestern Mental Health (NWMH) when he died on 14-15 May 2010. The cause of Mr Jarrett's death has been recorded as: Mixed Drug Toxicity (Heroin, Clozapine, Zuclopenthixol, Diazepam) in a morbidly obese man with schizophrenia.

I have read the Findings with interest and note the comments and the single recommendation that has been made in this case. The recommendation is as follows...*"In light of the above I recommend that the Minister for Health ensures that the prescribing of antipsychotic medications should attract adjunct processes for the prevention, detection, treatment and monitoring of the metabolic, cardiac or other disturbances associated with their use, with the aim of improving the morbidity and mortality of patients who require them for the treatment of serious mental illness"*.

NWMH, as part of a continuous improvement process, has developed an education and training package for clinical staff called "Metabolic Monitoring - Improving cardiovascular health in people with mental illness". This package takes the form of a 12 minute video presentation and is being used to supplement other training in this area.

I thought that it may be helpful to write to you and provide you with a copy of the education and training package which has been developed by Consultant Psychiatrist and Director of Clinical Services at Northern Area Mental Health Service (NAMHS), Associate Professor Suresh Sundram. I have loaded this onto a USB data stick. This information has been well received by clinical staff across NWMH and we anticipate that

it will lead to better health outcomes and an improved quality of life for this group of clients.

Yours sincerely,



Peter Kelly
Director Operations
NorthWestern Mental Health
Melbourne Health

Attachments: 1. DVD sleeve cover
2. USB data stick

Cc. Dr Peter Burnett, Acting Executive Director, NWMH
Dr David Fenn, DCS, MWAMHS
Gary Monkley, Area Manager, MWAMHS
Professor Christos Pantelis, Clinical Director, AMHRU