

# Coroners Court

# Monthly Suicide Data Report

May 2026 update

1 July 2026

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**WARNING:** This following report includes information on suicides.

For help or information contact **Beyond Blue** on 1300 224 636, or **Lifeline** on 13 11 14.

## **Purpose**

This report presents the May 2026 update to Victorian suicide statistics. This report was produced under the Coroners Court of Victoria's initiative to release timely and accessible data on suicide across the state.

## **Victorian Suicide Register**

In Victoria all deaths from suspected non-natural causes including suspected suicides are required to be reported to the Coroners Court of Victoria. The Coroners Court reviews newly reported deaths on a daily basis to identify those that occur in circumstances consistent with suicide and adds these deaths to the Victorian Suicide Register (VSR).

The VSR has been in operation since 2012 and is the most accurate and timely data source for suicide in Victoria. VSR data is regularly shared with the Victorian Department of Health, the Australian Institute of Health and Welfare, Victoria Police, health services, and other bodies engaged in suicide prevention to inform their work.

## **Considerations when interpreting the data**

Victoria's suicide numbers vary quite substantially from month to month. Additionally, there can be substantial variation in the monthly and annual number of suicides by sex and age group. This variation, which is not unique to Victoria but is a feature of suicide data around Australia and internationally, usually results from random factors rather than underlying systemic issues or emerging clusters. The data therefore should be interpreted cautiously, with great care taken in drawing conclusions about any apparent increase or decrease that is observed.

## **Changes in reported numbers over time**

The deaths included in the VSR are regularly reviewed as coroners' investigations progress and more is learned about the circumstances in which they occurred. Deaths may be removed from the VSR if investigation establishes they are likely not to be suicides; likewise, deaths initially missed may be added to the VSR as new evidence consistent with suicide is gathered. This is why some data reported here may be different to what was reported in previous months.

However, data changes are usually minor: VSR analyses have shown that over time, there is consistently less than 5% difference between the number of suicides initially identified as suicides, and the number of deaths ultimately confirmed as suicides.

# Monthly data update

## 1. Year to date number by sex

Table 1 shows the number of Victorian suicides by deceased sex as at the end of May each year, for the years 2022-2026.

**Table 1:** Year to date (month end May) suicide number by sex, Victoria 2022-2026.

Sex	2022	2023	2024	2025	2026
Male	194	235	240	235	229
Female	89	89	94	97	80
<b>Total</b>	<b>283</b>	<b>324</b>	<b>334</b>	<b>332</b>	<b>309</b>

## 2. Monthly number of suicides

Table 2 shows the monthly number and aggregate monthly<sup>1</sup> number of Victorian suicides for January 2022 through to May 2026.

**Table 2:** Monthly number and aggregate monthly number of Victorian suicides, January 2022 to May 2026.

Month	Monthly number					Aggregate monthly number				
	2022	2023	2024	2025	2026	2022	2023	2024	2025	2026
January	52	71	80	66	62	52	71	80	66	62
February	54	63	82	63	71	106	134	162	129	133
March	64	56	69	83	69	170	190	231	212	202
April	58	69	57	61	51	228	259	288	273	253
May	55	65	46	59	56	283	324	334	332	309
June	64	48	60	60		347	372	394	392	
July	58	64	65	75		405	436	459	467	
August	71	62	82	53		476	498	541	520	
September	73	72	64	66		549	570	605	586	
October	75	86	67	68		624	656	672	654	
November	64	70	52	68		688	726	724	722	
December	70	69	54	64		758	795	778	786	

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1 The aggregate monthly number is the sum of numbers for all months so far in each year. For example, the aggregate monthly number in March of a year is the sum of the monthly numbers in January, February and March for that year.

### 3. Year to date number by age group and sex

Table 3 shows the Victorian suicide number by deceased sex and age group as at the end of May each year, for the years 2022-2026.

**Table 3:** Year to date (month end May) suicide number by sex and age group, Victoria 2022-2026.

Age group by sex	2022	2023	2024	2025	2026
Male					
Under 18	0	10	2	3	7
18 to 24	19	20	25	19	18
25 to 34	36	41	40	36	42
35 to 44	37	50	53	57	46
45 to 54	48	45	44	44	42
55 to 64	18	36	32	31	31
65 and over	36	33	44	45	43
<b>Total</b>	<b>194</b>	<b>235</b>	<b>240</b>	<b>235</b>	<b>229</b>
Female					
Under 18	2	6	3	7	1
18 to 24	9	7	11	7	4
25 to 34	16	20	18	14	21
35 to 44	17	22	18	25	12
45 to 54	16	13	18	11	16
55 to 64	9	11	12	13	12
65 and over	20	10	14	20	14
<b>Total</b>	<b>89</b>	<b>89</b>	<b>94</b>	<b>97</b>	<b>80</b>
All people					
Under 18	2	16	5	10	8
18 to 24	28	27	36	26	22
25 to 34	52	61	58	50	63
35 to 44	54	72	71	82	58
45 to 54	64	58	62	55	58
55 to 64	27	47	44	44	43
65 and over	56	43	58	65	57
<b>Total</b>	<b>283</b>	<b>324</b>	<b>334</b>	<b>332</b>	<b>309</b>

## 4. Year to date number by location of fatal incident

Table 4a shows the suicide number as at the end of May in Metropolitan Melbourne and Regional Victoria, for the years 2022 to 2026. Table 4b shows the same data but represented as proportions of all suicides rather than as numbers.

**Table 4a:** Year to date (month end May) suicide number by location of fatal incident, Victoria 2022-2026.

Location of fatal incident	2022	2023	2024	2025	2026
Metropolitan	192	208	228	209	195
Regional	91	116	106	123	114
<b>Total</b>	<b>283</b>	<b>324</b>	<b>334</b>	<b>332</b>	<b>309</b>

**Table 4b:** Year to date (month end May) suicide proportion by location of fatal incident, Victoria 2022-2026.

Location of fatal incident	2022	2023	2024	2025	2026
Metropolitan	68%	64%	68%	63%	63%
Regional	32%	36%	32%	37%	37%
<b>Total</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>